

# atp-2527

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## SUMMARY KEYWORDS

University of Detroit Mercy, Ask the Professor, prison lingo, Super Bowl foods, Super Bowl desserts, polar vortex, winter sports, prison terms, solitary confinement, prison slang, Super Bowl parties, regional foods, prison culture, prison life, Michigan weather.

## SPEAKERS

Matt Mio, Ph.D., Dan Maggio, Brian Maisonville, Dave Chow, Announcer, James Tubbs

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**M** Matt Mio, Ph.D. 00:00  
The University tower chimes ring in another session of Ask the Professor, the show on which you match wits with University of Detroit Mercy professors in an unrehearsed session of questions and answers. I'm your host, Matt Mio, and let me introduce to you our panel for today. You better hold on to your socks. To my right is Professor Brian Maisonville,

**B** Brian Maisonville 00:20  
And I'm not a professor, I'm an engineer. And hello to everyone.

**M** Matt Mio, Ph.D. 00:20  
You know, but do you teach anything to students? Then you're a professor.

**B** Brian Maisonville 00:27  
Yes, I do a lot of tutoring, and - I tend to run classes when, like, if Professor Roche is out with COVID. They said, "Can you teach this week?" And it turned into two. So, yes, I do teach classes from time

**J** James Tubbs 00:42  
Then you are a Professor.

**M** Matt Mio. Ph.D. 00:43

...well, I think you're checking a lot of the boxes. I'm just just putting it out there.

Well, I think you're checking a lot of the boxes. I'm just just putting it out there.

D

Dave Chow 00:47

He should be getting tenure any minute now.

B

Brian Maisonville 00:49

Like I said, it's very strange to be on the wrong side of the camera.

M

Matt Mio, Ph.D. 00:51

(Laughs) Well, the good news is our listeners - Oh, our listeners can't tell, but our YouTube viewers will be able to tell. Oh, no. The mystery of what Brian looks like has been revealed just in the last few seconds.

D

Dave Chow 01:04

Like Sasquatch,

B

Brian Maisonville 01:05

That's right.

M

Matt Mio, Ph.D. 01:07

Well, we can continue around the table. Professor Dan Maggio is here. He doesn't have a basement. Actually, the camera, from what I understand, is behind you today, so you're good.

B

Brian Maisonville 01:18

Turn around and wave. There you go.

D

Dan Maggio 01:20

Are these cameras on?

B

Brian Maisonville 01:21

No, I just turned one camera on since I'm not there to run the switcher -

**D** Dan Maggio 01:23  
Is this my camera ?

**B** Brian Maisonville 01:24  
No, it's that one.

**J** James Tubbs 01:25  
No, we've got to have Matt's glorious - (Laughs)

**M** Matt Mio, Ph.D. 01:28  
Are you- Are you ready for your close up, Professor Maggio?

**D** Dan Maggio 01:32  
Yes.

**M** Matt Mio, Ph.D. 01:33  
How is winter sports doing, Dan ?

**D** Dan Maggio 01:36  
Good. We lost last night, unfortunately.

**M** Matt Mio, Ph.D. 01:38  
I'm sorry to hear that.

**D** Dan Maggio 01:39  
So it was not a good week.

**M** Matt Mio, Ph.D. 01:40  
Hopefully it was a close game

hopefully it was a close game.

**D** Dan Maggio 01:42  
Yeah, it was -

**M** Matt Mio, Ph.D. 01:43  
Match.

**D** Dan Maggio 01:43  
It was like curling - a match. Yes,

**M** Matt Mio, Ph.D. 01:47  
Yeah, okay

**D** Dan Maggio 01:49  
No, it was not close, but it could have been closer.

**M** Matt Mio, Ph.D. 01:52  
All right,

**D** Dan Maggio 01:53  
We have little kids too. And they have juniors, like 10 year old kids, they don't care about it. They could fall down like a little bird, falls out the tree and hits the ground -

**D** Dave Chow 01:59  
They are closer to the ground

**D** Dan Maggio 02:00  
and doesn't get hurt,

**M** ...

**M** Matt Mio, Ph.D. 02:01  
right

**D** Dan Maggio 02:01  
Kids are like invincible.

**M** Matt Mio, Ph.D. 02:02  
Wow. Ice is hard. I don't know. That one time you took us there, I think that I probably bruised something. Still healing from the one fall that I had. So anyway, Professor James Balfour Tubbs is here with us. Good to see you, Jim,

**J** James Tubbs 02:17  
Good to see you, too.

**M** Matt Mio, Ph.D. 02:19  
All right, so how is winter treating you? This internet thing lately of it being the 56th day of January,

**J** James Tubbs 02:25  
105 day of January.

**M** Matt Mio, Ph.D. 02:29  
It just feels that way.

**J** James Tubbs 02:30  
105th day of the polar vortex.

**M** Matt Mio, Ph.D. 02:33  
Yes,

**J** James Tubbs 02:33  
Having. You know, since moving here, it didn't take me long to come to hate the term "arctic

naving - You know, since moving here, it didn't take me long to come to hate the term "arctic air mass" and hate the term "Alberta Clipper". Now I have "polar vortex" to make a triumvirate of hated expressions.

**M** Matt Mio, Ph.D. 02:48

No, it's true. And the weird inversion of it, which, again, I've gotta say, I used to make fun of Farmer's Almanac all the time, but they follow El Nino and La Nina. This air mass that comes from the north is warmer. So all this stuff for the last six months is going basically at the Michigan-Ohio line, and we're getting rain while everybody else is getting snow and stuff like that. So, it's just interesting,

**J** James Tubbs 03:11

Yeah, I've been noticing that, because when I drove back from the Christmas holidays, it was like the third of January, I think, and I happened to catch the trans continental drift a day early. So once I drove into Pennsylvania, it was snowing all the way across Pennsylvania, all the way across Ohio, but it stopped it - Well, it stopped above Toledo.

**M** Matt Mio, Ph.D. 03:12

Toledo,

**J** James Tubbs 03:12

yeah that was it

**M** Matt Mio, Ph.D. 03:14

That makes sense.

**J** James Tubbs 03:14

That was the dividing line.

**M** Matt Mio, Ph.D. 03:16

Thank you Great Lakes for doing us a favor every once and a while

**D** Dave Chow 03:21

Jim you just need to reframe it. That's all

**J** James Tubbs 03:29  
reframe it. As what?

**M** Matt Mio, Ph.D. 03:37  
Canadian summer.

**J** James Tubbs 03:39  
Oh, okay,

**D** Dan Maggio 03:39  
So what are the hated expressions in North Carolina?

**M** Matt Mio, Ph.D. 03:49  
Oh, good question. A Northeaster ?

**J** James Tubbs 03:52  
I didn't have any that I hate as much as those three, so I'm not so sure. (Matt laughs) The double 90s, August, when it will be over 90 degrees and with 90% humidity in Wilmington.

**M** Matt Mio, Ph.D. 04:03  
Yeah, that's true.

**D** Dan Maggio 04:04  
I'll take the polar vortex any day over that.

**M** Matt Mio, Ph.D. 04:08  
Or maybe even a hurricane would be something. But every once in a while, right? It's a little rarer, usually. Continuing around the table and drinking a red Powerade maybe.



**D** Dave Chow 04:19

Yeah, it is

**M** Matt Mio, Ph.D. 04:20

the A-I also known as Dave Chow

**D** Dave Chow 04:23

Pleasure to be here as always.

**M** Matt Mio, Ph.D. 04:24

Yes, exactly. That's what we program the A-I to say when I introduce you.

**D** Dave Chow 04:29

Sure.

**M** Matt Mio, Ph.D. 04:31

So what's going on in the neighborhood that I don't know about, Dave?

**D** Dave Chow 04:34

I haven't come up for air in days.

**M** Matt Mio, Ph.D. 04:36

Wow.

**D** Dave Chow 04:36

I've been working for the, you know, the lovely ladies of UDM Chemistry

**M** Matt Mio, Ph.D. 04:41

That's what I hear. Lots of logos and T shirt ideas and stuff -



**D** Dave Chow 04:46  
Among other things

**M** Matt Mio, Ph.D. 04:46  
That's pretty cool

**D** Dave Chow 04:47  
Oh, by the way, I'm also working on the UDM Ask the Professor gift shop.

**M** Matt Mio, Ph.D. 04:50  
Oh, of course you are.

**D** Dave Chow 04:52  
Remember, a couple weeks ago we talked about doing the Ask the Professor grappa.

**M** Matt Mio, Ph.D. 04:56  
(Laughing) So we're building off of that?

**D** Dave Chow 04:59  
Oh, yeah.

**M** Matt Mio, Ph.D. 05:00  
We're making our own liquor line. I can't wait.

**D** Dave Chow 05:04  
Wait till you see it though.

**J** James Tubbs 05:05  
I think we need a bourbon line.

**D** Dave Chow 05:08  
No, that's Stephen's specialty.

**D** Dan Maggio 05:10  
Can we have it blessed by the Jesuits?

**M** Matt Mio, Ph.D. 05:14  
Excellent idea.

**D** Dave Chow 05:14  
Yeah,

**M** Matt Mio, Ph.D. 05:15  
Frankly, they should be the beta testers, now that I think about it.

**J** James Tubbs 05:18  
I know one who will be.

**D** Dave Chow 05:20  
I was hoping to take it over curling and let Dan chill it.

**M** Matt Mio, Ph.D. 05:23  
Apparently you can just - you can drink and curl, so might as well. Frankly, now I'm wondering what exactly is in the Powerade right now that I think about it, besides red dye 40.

**D** Dave Chow 05:33  
Yeah, I was gonna say, what red dye is this I'm ingesting, right about, I have no idea.

**M** Matt Mio, Ph.D. 05:37  
Oh, wow. Well, folks,

**B** Brian Maisonville 05:38  
All natural

**M** Matt Mio, Ph.D. 05:39  
Yeah, exactly. Folks, this is a program where you can send us questions regarding anything. If you stump the panel, you win a prize. If you don't stump the panel, you win a prize. You can send us the questions in a number of ways. You can email us at ATP@udmercy.edu, find us on Facebook, Instagram and YouTube, or listen on your favorite smart speaker by asking it to play Ask The Professor at University of Detroit Mercy. "Dear Matt and Professors, below are 25 prison lingo terms that I expect the oh so innocent profs to have to figure out."

**D** Dave Chow 06:13  
Whoa, whoa. Innocent?

**M** Matt Mio, Ph.D. 06:15  
"Some are somewhat obvious. Some are oddly hilarious. I've spared you the grisly side of things".

**J** James Tubbs 06:21  
Thank you.

**M** Matt Mio, Ph.D. 06:21  
Thank you for that. "I hope they provide a bit of a challenge to the learned panel this time around".

**J** James Tubbs 06:28  
Well, I hope we're not too learned in that particular area

**M** Matt Mio, Ph.D. 06:32  
Exactly. "Thanks once again for your great show. Sincerely. Beverly Hollis," our good friend from Redmond Washington, Look at this, Redmond Washington, and we don't even have a hide nor hair of Beth and Heather, that's just too bad. Okay. So I think that, you know, mostly,

having looked at these ahead of time, we're talking some pretty functional stuff here. So there's a way to sort of discern what's going on. And we all know that folks at Jesuit schools are good at discernment. So - bean slot. What's the bean slot?

**J** James Tubbs 07:01  
Your mouth

**M** Matt Mio, Ph.D. 07:02  
It's not. That's not what it says here.

**J** James Tubbs 07:04  
your nose?

**M** Matt Mio, Ph.D. 07:05  
It is not a part of the body.

**D** Dave Chow 07:06  
Oh, is it the little flap on the door that they slide the -

**M** Matt Mio, Ph.D. 07:11  
They slide the food through when you're in the hole in particular. Yep

**B** Brian Maisonville 07:14  
That makes sense.

**M** Matt Mio, Ph.D. 07:15  
What are blues? Blues?

**D** Dan Maggio 07:19  
When you're in solitary,

**B** Brian Maisonville 07:20  
The jumper suit you wear.

**M** Matt Mio, Ph.D. 07:22  
It's the suit you wear. I think you get the blues if you were there

**J** James Tubbs 07:25  
I thought they were orange

**M** Matt Mio, Ph.D. 07:26  
in the hole. Yeah. No, that's absolutely true.

**B** Brian Maisonville 07:28  
Well, I would imagine that - you know, orange are the normal and blues are the special.

**D** Dave Chow 07:31  
Oh, seasonal. Seasonal.

**B** Brian Maisonville 07:33  
Ah! They've got to match

**D** Dave Chow 07:34  
Yeah.

**M** Matt Mio, Ph.D. 07:35  
I'm noticing now that the terms are all in alphabetical order. That's very helpful, Beverly. Thank you. Brake fluid. What's brake fluid? I'll give you a hint. It's not a liquid, because that makes perfect sense.

**D** Dave Chow 07:47

And break spelled, B R A K, E

**M** Matt Mio, Ph.D. 07:49  
B R, A K, E.

**D** Dan Maggio 07:51  
Is that something that stops you from getting out of jail?

**M** Matt Mio, Ph.D. 07:54  
I mean, you're really close in theory, but it's an actual object.

**D** Dan Maggio 07:58  
Is that handcuffs?

**M** Matt Mio, Ph.D. 08:00  
Not handcuffs,

**D** Dan Maggio 08:01  
foot , leg cuffs or something?

**M** Matt Mio, Ph.D. 08:02  
How about the sort of thing that would help you with, in general, calming down or controlling someone psychiatrically.

**J** James Tubbs 08:10  
Oh, sedatives,

**M** Matt Mio, Ph.D. 08:12  
basically drugs.

—

**D** Dave Chow 08:14  
Medication

**B** Brian Maisonville 08:16  
I was thinking of a club, you know, that slows people down,

**M** Matt Mio, Ph.D. 08:20  
Brogans. B, R, O, G, A, N, brogans,

**J** James Tubbs 08:24  
Shoes.

**M** Matt Mio, Ph.D. 08:25  
Yeah, they're the state-issued boots that pretty much every prisoner gets.

**B** Brian Maisonville 08:29  
Oh, I'm thinking friends.

**M** Matt Mio, Ph.D. 08:30  
Shoes or clothes

**B** Brian Maisonville 08:31  
Like bros.

**D** Dan Maggio 08:32  
I was thinking bros too, Something with but-

**M** Matt Mio, Ph.D. 08:35  
It's a group of people that work - I would say - in the prison, they're known as brownies.

**D** Dave Chow 08:43  
The lunchroom ladies?

**B** Brian Maisonville 08:47  
the people that-

**D** Dan Maggio 08:48  
The gaurds

**M** Matt Mio, Ph.D. 08:48  
Oh, not lunch ladies - it's the people who work in the kitchen are the brownies, but they're the prisoners who get - like their special job is to work in kitchen.

**B** Brian Maisonville 08:56  
I was thinking they were the young girls

**M** Matt Mio, Ph.D. 08:57  
The ones that sell cookies. Yeah, exactly, because they're showing up at the front door of the prison. What's a bullet? Most folks know this if they've watched Oz or Prison Break, one of the greatest shows ever, at least the first season. Anybody know what a bullet is?

**B** Brian Maisonville 09:13  
Someone who is running fast ?

**M** Matt Mio, Ph.D. 09:15  
No.

**D** Dan Maggio 09:16  
Is it something you swallow?

**M** Matt Mio, Ph.D. 09:17



Nobody in this room has ever had a bullet, and it's not literal,

**D** Dan Maggio 09:22  
is it - not a suppository?

**B** Brian Maisonville 09:27  
I was thinking that, but I wasn't gonna say it

**M** Matt Mio, Ph.D. 09:29  
None of the grizzly terms.

**D** Dan Maggio 09:30  
It was a grizzly. It's still rated pg

**M** Matt Mio, Ph.D. 09:34  
No, you know what a bullet is. It's a one year sentence. So quick, trip through prison. So nobody here, as far as I know -Oh, Dave is like looking away from me.

**J** James Tubbs 09:42  
I don't think that's that quick.

**D** Dave Chow 09:45  
I was gonna say, my one night was enough.

**M** Matt Mio, Ph.D. 09:47  
Yeah, exactly, exactly. What's a Cadillac?

**J** James Tubbs 09:49  
A five year prison sentence. (Laughs)

M Matt Mio, Ph.D. 09:54  
Actually No, that's a nickel.

D Dave Chow 09:56  
Is that like a paddy wagon?

M Matt Mio, Ph.D. 09:57  
It could refer to two things that are just so standard in prison. One is something you would eat or drink, and the other is something you have in your cell.

D Dan Maggio 10:07  
Oh, TV,

M Matt Mio, Ph.D. 10:09  
Nope.

D Dan Maggio 10:09  
Computer.

M Matt Mio, Ph.D. 10:10  
Mm-mm

B Brian Maisonville 10:10  
A bed

M Matt Mio, Ph.D. 10:10  
A bed is the Cadillac because you got that much, right?

D Dave Chow 10:15  
I was gonna say, you're not -

**B** Brian Maisonville 10:17  
I figured. I'm thinking, what's in a cell? I mean-

**D** Dave Chow 10:18  
Not much.

**D** Dan Maggio 10:20  
Doesn't everybody get a bed?

**M** Matt Mio, Ph.D. 10:21  
Yep. The other thing that they joke being a Cadillac is just coffee that comes with cream and sugar, since it's so rare.

**J** James Tubbs 10:27  
Oh,

**M** Matt Mio, Ph.D. 10:28  
It's pretty much high level stuff, right? What does it mean when you catch the wall

**D** Dave Chow 10:34  
Working out?

**M** Matt Mio, Ph.D. 10:35  
No

**D** Dave Chow 10:36  
You're beat up.

**B** Brian Maisonville 10:38

They close the door.

**M** Matt Mio, Ph.D. 10:39  
I mean, you're getting there, Brian. It's not working out.

**J** James Tubbs 10:43  
Catch the wall?

**B** Brian Maisonville 10:44  
Catch the wall. In solitary?

**M** Matt Mio, Ph.D. 10:47  
Staff will say this to you when they're gonna do something,


**D** Dave Chow 10:50  
Oh, about to frisk you?


**M** Matt Mio, Ph.D. 10:52  
Right. They're gonna shake you down in your cell. So like, catch the wall, you know, go up against the wall and we'll see if you've got any contraband and, you know, things like that, right?


**J** James Tubbs 10:54  
Okay


**D** Dave Chow 11:00  
Ooh! Cold hands


**M** Matt Mio, Ph.D. 11:02  
Catching the chain


 Dan Maggio 11:04  
Put your handcuffs on.


 James Tubbs 11:05  
Working on a chain gang.


 Matt Mio, Ph.D. 11:06  
I mean, you've got sort of a hybrid of it all. That's like, when -


 James Tubbs 11:09  
Shackles?

 Matt Mio, Ph.D. 11:10  
when you're leaving, like, it's expected that in X number of weeks or months you're gonna be done with your sentence, you're catching the chain like you're getting ready to go. Yeah. Choke sandwich. Choke sandwich. I've actually heard this before, but -

 Dave Chow 11:23  
I thought none of these were grizzly

 Brian Maisonville 11:24  
High school cafeteria.

 Matt Mio, Ph.D. 11:27  
High School cafeteria? I mean, you're getting closer than you've ever thought you could. Choke sandwich. We choke when we eat this thing at home.

 Dan Maggio 11:36  
Oh

 Matt Mio, Ph.D. 11:37

**M** Matt Mio, Ph.D. 11:37  
because sometimes they don't get any jelly at the prison. So-

**J** James Tubbs 11:41  
Oh, peanut butter

**M** Matt Mio, Ph.D. 11:42  
Just a peanut butter sandwich

**J** James Tubbs 11:42  
Peanut butter sandwich.

**B** Brian Maisonville 11:44  
I'm surprised with all the allergies they do that.


**M** Matt Mio, Ph.D. 11:48  
If you've even seen Shawshank Redemption, you know this one. What's a fish?


**D** Dave Chow 11:53  
Is it a rookie?


**M** Matt Mio, Ph.D. 11:54  
Basically a new inmate. Yep. But it has to specifically be someone who's never been to prison before, never been to prison before. What does it mean if you get buzzed in prison?


**J** James Tubbs 12:07  
Your haircut?


**M** Matt Mio, Ph.D. 12:08  
Mm-mm


 Dave Chow 12:09  
Tased?


 Matt Mio, Ph.D. 12:09  
No. Although that's pretty good, gotta say. I mean, it makes the sound when you do this. It sort of makes a buzzing sound when you get this done to you


 Dan Maggio 12:21  
Shock?


 James Tubbs 12:21  
Electrocuted.?

 Dave Chow 12:23  
I was gonna say - a prod

 Matt Mio, Ph.D. 12:26  
Well, I mean, it's something that, let's just say, a lot of people go into prison without one of these, and they come out a few,

 Dan Maggio 12:32  
Tattoo

 Matt Mio, Ph.D. 12:32  
Yeah, they're getting a tattoo

 James Tubbs 12:36  
Ohhh.

 Brian Maisonville 12:36

Very good.

- M** Matt Mio, Ph.D. 12:36  
Even though, last time I checked, there were not really many high tech tattooing possibilities in prison. Mostly it's just pencils and blood and ink and stuff like that.
- J** James Tubbs 12:46  
Lead Poisoning.
- M** Matt Mio, Ph.D. 12:47  
Dave-
- B** Brian Maisonville 12:48  
You could draw some nice ones.
- D** Dave Chow 12:49  
I've done my fair share.
- M** Matt Mio, Ph.D. 12:52  
How about Joe's? As in, someone is josing? Obviously it's a verb
- J** James Tubbs 12:59  
Drinking coffee?
- M** Matt Mio, Ph.D. 13:00  
Mm-mm
- D** Dave Chow 13:00  
Have a hankering for something





**B** Brian Maisonville 13:04  
Military.

**D** Dan Maggio 13:06  
They have it out for somebody?

**M** Matt Mio, Ph.D. 13:07  
No, it's actually having nothing to do with the prison proper. It's about people on the outside. They're doing something for a prisoner.

**D** Dan Maggio 13:16  
Oh, they're bringing them - They're sneaking something in?

**M** Matt Mio, Ph.D. 13:18  
Not even sneaking. It's anything you would do to help someone on the inside past the time, writing a letter, sending a picture, putting money on like a calling card.

**B** Brian Maisonville 13:27  
How did that come about?

**J** James Tubbs 13:28  
Yeah, I wonder how that term came about.

**M** Matt Mio, Ph.D. 13:31  
I don't know.

**J** James Tubbs 13:32  
Must have known somebody named Joe on the outside

**M** Matt Mio, Ph.D. 13:34  
Exactly, right? Seriously. How about kite? What's a kite?

**D** Dave Chow 13:39  
Sending a letter out.

**M** Matt Mio, Ph.D. 13:40  
You know, you're really, really close. A kite is a nickname for any small piece of paper that has a message that gets sent on the inside. So, very, very small piece of paper,

**D** Dave Chow 13:50  
oh, like those little notes you throw across the floor?

**M** Matt Mio, Ph.D. 13:53  
Yeah, Little message,

**D** Dave Chow 13:54  
Like fortune cookies,

**B** Brian Maisonville 13:55  
Sneaker texts

**M** Matt Mio, Ph.D. 13:56  
Yep. I actually learned about this one a number of years.

**D** Dave Chow 14:00  
Hey, how come you know all these terms? is that like a weapons?

**M** Matt Mio, Ph.D. 14:01  
By watching a Simpsons episode. I mean, that's not too shocking. What's a lock in a sock? A lock in a sock



**B** Brian Maisonville 14:09  
Yes, what I was thinking

**M** Matt Mio, Ph.D. 14:11  
It is exactly what it is. You put a heavy object in a sock and swing it around to bash somebody's head in. And, yeah, that does not sound like fun. What's a porcelain termite?

**B** Brian Maisonville 14:26  
The urinal?

**D** Dave Chow 14:26  
A porcelain termite. I mean - It has to do with the ceramics in the bathroom, but someone did something to it

**J** James Tubbs 14:33  
Cracked it?

**M** Matt Mio, Ph.D. 14:35  
Basically, there are people that get so upset they rip it off the wall or toss it around or bash on it. They're eating the porcelain, right? So they're a porcelain termite. That's weird,

**D** Dave Chow 14:43  
Wait a minute. Of all the things to destroy in your cell, that would be the last thing.

**J** James Tubbs 14:47  
Yeah, last one I'd get rid of

**M** Matt Mio, Ph.D. 14:49  
Big time. Who's a programmer?

**B** Brian Maisonville 14:53

The guy with the books

**D** Dan Maggio 14:54  
Smart guy?

**M** Matt Mio, Ph.D. 14:55  
Basically, yep, you hit the nail on the head. The nerds of prison, the people who better themselves. They go to class, they get a degree. Yep, that's programmer.

**B** Brian Maisonville 15:02  
That one at least made sense. You could figure that one. It made sense.

**M** Matt Mio, Ph.D. 15:06  
Yeah. You got there. You got there. How about Pruno? P, R, U, N, O

**B** Brian Maisonville 15:12  
unlike this one

**D** Dave Chow 15:13  
In the shower, too long?

**M** Matt Mio, Ph.D. 15:15  
No, that's pretty good. I can dig it

**J** James Tubbs 15:21  
Pruno

**M** Matt Mio, Ph.D. 15:22  
A pruno is something that you're gonna make and then you're gonna ingest it, if that helps. And by the way, it says nobody takes Pruno for the taste. That's one of the hints that's listed here. Is this, like - a peanut butter sandwich again?

**D** Dan Maggio 15:42  
Is it drugs or medicine?

**M** Matt Mio, Ph.D. 15:44  
No, Umm just, you need to go a little more general than that. You know, the greatest legal drug of the United States is - Alcohol. So anything that can be fermented left in your room as long as possible, is you trying to get high off of even bread, it says anything with sugar in it. So -

**J** James Tubbs 15:51  
Alcohol

**B** Brian Maisonville 16:02  
Okay

**D** Dave Chow 16:02  
So it's like fermenting. Is this like toilet wine?

**D** Dan Maggio 16:05  
So will that work?

**M** Matt Mio, Ph.D. 16:06  
Yeah, it does.

**D** Dan Maggio 16:08  
It does? Again, nobody has it for the taste?

**B** Brian Maisonville 16:10  
Isn't that illegal ?

**M** Matt Mio, Ph.D. 16:11

M Matt Mio, Ph.D. 16:11

Well, sure,

J James Tubbs 16:14

And that would be a huge deterrent in prison.

M Matt Mio, Ph.D. 16:16

Yes, it would. How about ride leg? When someone is riding leg, what are they doing?

B Brian Maisonville 16:23

All I can think of is a dog.

D Dave Chow 16:25

Yeah, I was gonna say I'm picturing like Stephen's dog getting frisky.

M Matt Mio, Ph.D. 16:29

Well you know your dog is kind of doing that to ingratiate itself to you, right? It's sort of like showing its love. So it's even

D Dan Maggio 16:35

Wagging its tail ?

M Matt Mio, Ph.D. 16:36

Taking one more step, what do you think it means for a prisoner to ride leg?

B Brian Maisonville 16:40

Being grateful to somebody,

M Matt Mio, Ph.D. 16:41

yeah, you're-

**D** Dave Chow 16:43  
Kissing up to a prison gaurd, okay.

**M** Matt Mio, Ph.D. 16:45  
Exactly, exactly

**B** Brian Maisonville 16:46  
Okay, Wow, probably not many of these left. But stress box used to be, what? What's the stress box? Solitary

**J** James Tubbs 16:55  
Not solitary. It's actually a good thing, but you can get into a lot of stress if you go in there, Yeah

**D** Dan Maggio 17:02  
Stress box?

**M** Matt Mio, Ph.D. 17:03  
You've got to wait in line to use it, at least based on the movies I've seen,

**D** Dan Maggio 17:07  
Not a telephone booth,

**M** Matt Mio, Ph.D. 17:09  
It's the phone booth. Yeah. Phone Booth

**D** Dave Chow 17:10  
The trailer outside for -

**M** Matt Mio, Ph.D. 17:15  
.....

Yep. This one is getting close to the end of the list. I don't quite know what to say, but Wham whams? What are Wham whams?

**J** James Tubbs 17:24  
Conjugal visits?

**M** Matt Mio, Ph.D. 17:27  
I mean, it was gonna come up sooner or later. It's not conjugal visits. It is a method of paying folks in prison because they still like these things. After all, we're all still kids at heart. That's your clue.

**B** Brian Maisonville 17:40  
Wham wham?

**J** James Tubbs 17:40  
Candy,

**M** Matt Mio, Ph.D. 17:41  
Candy and cookies. It's like, you could still pay people in candy and cookies.

**D** Dan Maggio 17:45  
Oh, I thought it was something to hurt somebody.

**M** Matt Mio, Ph.D. 17:49  
I mean, it sounds like that, doesn't it?

**D** Dan Maggio 17:51  
That's what I thought. That's what I thought he said.

**M** Matt Mio, Ph.D. 17:54  
I saved this one to last because, you know, I'm guessing that it'll engender even a little bit of laughing just from me saying it, but a person, a category of person on the inside, so a prisoner



can be viewed as a Sucker Ducker. What is a Sucker Ducker?

**J** James Tubbs 18:10  
Oh, somebody that avoids getting hit,

**M** Matt Mio, Ph.D. 18:12  
Basically, yeah, it's someone who stays as far away from the trouble inside of prison as they can. So, you know, someone a little bit too on the up and up. So those, those were actually kind of fun. That was interesting. Kymberleigh sounds like she had to do a lot of work for those, yeah-

**B** Brian Maisonville 18:28  
Breaking Bad or something.

**M** Matt Mio, Ph.D. 18:30  
I mean, seriously, I was thinking, Prison Break. What's the other one? I just said, Shawshank Redemption. Oz, yeah. Or Orange is the New Black for the female perspective, right? Professors, a - not a watchdog group, not at all. Like a data group, which has an odd name, Coffeeness, put together for 2025 the most popular Super Bowl foods by state, and the most powerful, popular Super Bowl sweets or desserts by state. And I've got a couple questions that I figured I'd ask you to finish our show for today. This is actually kind of fun. So we're in, the last time I checked, the state of Michigan, the great state of Michigan. Michigan actually shares with the greatest number of other states in the United States, its best Super Bowl food. So whatever, the top Super Bowl food served per capita in Michigan is shared by at least almost 20 other states.

**J** James Tubbs 19:24  
Pizza

**D** Dave Chow 19:24  
Nachos

**B** Brian Maisonville 19:25  
Wings.

M Matt Mio, Ph.D. 19:26  
It's none of the things that I've heard

D Dave Chow 19:28  
What?

B Brian Maisonville 19:30  
I've been the Super Bowl parties. I know this.

D Dave Chow 19:31  
Yeah, I was gonna say - where are the nachos?

M Matt Mio, Ph.D. 19:32  
Absolutely. It's sort of like, which one am I not being invited to? I've seen this at Super Bowl parties before. Let's see if I can get you there.

D Dave Chow 19:39  
Like, a chip dip?

J James Tubbs 19:40  
Dip.

M Matt Mio, Ph.D. 19:40  
it's a dip. It's a very specific kind of dip. That kind of is common.

J James Tubbs 19:44  
That seven layer dip?

M Matt Mio, Ph.D. 19:46  
Not seven layer

**B** Brian Maisonville 19:47  
Chili dip.

**M** Matt Mio, Ph.D. 19:47  
That's good. Not chili

**D** Dave Chow 19:49  
Skinny?

**M** Matt Mio, Ph.D. 19:50  
Let's say that I would have said wings to start with, because you're on the right track.

**D** Dan Maggio 19:54  
Buffalo dip

**M** Matt Mio, Ph.D. 19:55  
Buffalo Chicken dip is about half the country is their top super bowl food. Yeah. No, it's true.

**B** Brian Maisonville 20:01  
My son makes it.

**D** Dave Chow 20:02  
Yeah, no, I've had it, I mean, but I could think of a couple of other things better than that.

**M** Matt Mio, Ph.D. 20:07  
Now, Washington, Oregon, Nevada and California, considering the chunk of the country that they all contiguously make up -

**D** Dave Chow 20:13

You mean Canada's alternate provinces?

M Matt Mio, Ph.D. 20:15

Canada's alternate provinces. What did Newsom say the other day? "We're gonna seriously consider secession". Okay, go for it. Their top Super Bowl food is completely different from the rest of the country. As a matter of fact, it is a standard steak dinner food. And I was shocked to see that for those four states, this is the top Super Bowl food,

J James Tubbs 20:36

Baked potato.

M Matt Mio, Ph.D. 20:37

It's a baked potato. Just regular old baked potato. Isn't that wild?

J James Tubbs 20:42

That is wild. I never heard of that before,

M Matt Mio, Ph.D. 20:44

absolutely.

B Brian Maisonville 20:47

You would think that would be Idaho.

M Matt Mio, Ph.D. 20:49

Seriously,

J James Tubbs 20:50

All this stuff on it.

M Matt Mio, Ph.D. 20:51

Alaska is the only state in the country whose top Super Bowl food is sort of a classic picnic fair.

**B** Brian Maisonville 21:00  
Seal

**M** Matt Mio, Ph.D. 21:01  
It is not seal or whale or anything like that.

**J** James Tubbs 21:03  
Hotdogs.

**M** Matt Mio, Ph.D. 21:04  
I'd say classic picnic fair, but not on the meat side.

**B** Brian Maisonville 21:08  
Potato salad

**M** Matt Mio, Ph.D. 21:09  
Oh, you're getting close with potato salad. People have to put in a lot of effort to make these individual little things that people love to eat.

**D** Dan Maggio 21:17  
Oh, deviled eggs.

**M** Matt Mio, Ph.D. 21:18  
Deviled eggs. Yeah.

**J** James Tubbs 21:21  
Do you know that, I've learned that that is a popular Christmas dinner fare in certain parts of the country,



**B** Brian Maisonville 21:27  
We have it all the time at Christmas dinner

**M** Matt Mio, Ph.D. 21:28  
If they're made well, they're awesome. I love deviled eggs, but I think about them as a summer food. You know, You will not be shocked at all to learn that for Hawaii, you know, some, some survey they did - their top Super Bowl food is a poke bowl. I mean, why not? You got lots of things being mixed together. But you will be unbelievably shocked, unbelievably shocked to learn the other state of the Union whose top Super Bowl food is a poke bowl, you will never get this. I mean, that's the only clue I can give you. Rhode Island is like a good guess, but that's not it. Just think the opposite of everything you're thinking,

**D** Dave Chow 21:58  
Texas

**D** Dan Maggio 21:58  
Rhode Island

**J** James Tubbs 22:03  
Minnesota,

**M** Matt Mio, Ph.D. 22:04  
it's not Texas,

**J** James Tubbs 22:05  
North Dakota

**M** Matt Mio, Ph.D. 22:06  
No, It's not North Dakota either

**D** Dan Maggio 22:08  
Are we in the Alabama, Louisiana area?

M Matt Mio, Ph.D. 22:11  
Possibly, but it's none of those.

D Dave Chow 22:13  
Is it a land lock state?

D Dan Maggio 22:15  
Flordia

M Matt Mio, Ph.D. 22:15  
It's not a land lock state. It's Florida. Florida is the poke bow.

J James Tubbs 22:19  
Oh. Yeah, they're trying to be Tiki light,

D Dave Chow 22:22  
Right

M Matt Mio, Ph.D. 22:23  
Exactly, yep. I was shocked to learn that Texas, I mean, make fun of the baked potato people, you know, make fun of the Buffalo chicken dip people.

B Brian Maisonville 22:33  
We did.

M Matt Mio, Ph.D. 22:33  
Texas is - (Laughs) Well done.

D Dave Chow 22:35  
We will.

M Matt Mio, Ph.D. 22:36  
Texas is the only state with the boring, regular hot dog that is their top Super Bowl food

D Dave Chow 22:42  
Snore

B Brian Maisonville 22:42  
Not even a coney dog?

M Matt Mio, Ph.D. 22:43  
You can do better than that.

D Dave Chow 22:45  
And let me guess they probably put ketchup on it too.

M Matt Mio, Ph.D. 22:48  
Actually. The picture here has mustard, but yeah, I understand what you're saying. Oh my gosh. I think there was only one more. Oklahoma, Arkansas and Mississippi are the only three states to have this as their top Super Bowl food. It is, in the end, a vegetable. And I found-

B Brian Maisonville 22:48  
I was gonna say alligator

D Dave Chow 22:56  
Candy corn.

M Matt Mio, Ph.D. 22:57  
No, that is not a vegetable Dave



J James Tubbs 23:10  
Vegetable.

M Matt Mio, Ph.D. 23:10  
It's a vegetable. It's a deep, deep fried vegetable.

J James Tubbs 23:15  
Fied okra?

D Dan Maggio 23:19  
Califlower?

M Matt Mio, Ph.D. 23:20  
Very well known Southern Comfort novel from back in the 80s.

J James Tubbs 23:24  
Fried green tomatoes.

M Matt Mio, Ph.D. 23:25  
Fried green tomatoes

J James Tubbs 23:26  
Okay, I kinda understand that. Fried green tomatoes are great, but I didn't know that was a Superbowl food.

D Dan Maggio 23:30  
Nobody had hamburgers on there?

M Matt Mio, Ph.D. 23:32  
Nobody has burgers. I can tell you some of the other ones. They are wild. New Mexico, all the way at the top, only state, Sopapillas. Makes perfect sense,

**J** James Tubbs 23:39  
Yeah

**M** Matt Mio, Ph.D. 23:40  
Who doesn't like fried dough? Colorado, only state garlic knots. I mean, I love garlic knots, but is it my top Super Bowl food? And Louisiana, not too surprisingly, Etouffee. So let's go to the sweet side. Once again, Michigan, top of the list. We love to go with the flow. However, it's a little bit smaller. Now, about 10 states have this as your top Super Bowl sweet. And you know, the more that I talk to people about this very, very specific, sort of out of the ordinary cookie, the more I realize it's kind of regional. Like, I talk to people across the country, and they're like, "What are you talking about?"

**D** Dan Maggio 23:51  
A Snickerdoodle,

**J** James Tubbs 23:51  
Yes.

**M** Matt Mio, Ph.D. 23:55  
Not a Snickerdoodle.

**D** Dave Chow 24:01  
What else is a regional sweet?

**M** Matt Mio, Ph.D. 24:18  
North Dakota, South Dakota, Minnesota, Wisconsin, Iowa, Michigan, Indiana, Pennsylvania and nearly all of New England.

**B** Brian Maisonville 24:29  
You'd think I would know cookies.



**D** Dave Chow 24:30  
Yeah, I was gonna say, Brian. You're the cookie ringer

**M** Matt Mio, Ph.D. 24:32  
We love cookies.

**D** Dave Chow 24:33  
It's not TrenaryToast.

**M** Matt Mio, Ph.D. 24:34  
It has a very obvious image. When you see this cookie, you're like, I basically know what's going on

**D** Dave Chow 24:40  
Gingerbread,

**D** Dan Maggio 24:40  
Oreos

**M** Matt Mio, Ph.D. 24:41  
it's not Gingerbread, it's not Oreos. It's not chocolate chip. It's a little out of the ordinary.

**B** Brian Maisonville 24:46  
Out of the ordinary.

**D** Dave Chow 24:47  
Brian, come on. What else does your wife make that's out of the ordinary

**B** Brian Maisonville 24:49  
Oatmeal.

M Matt Mio, Ph.D. 24:51  
It uses a well known candy pressed into the middle of it.

D Dan Maggio 24:56  
Oh, a Hershey Kiss,

M Matt Mio, Ph.D. 24:57  
Right. So - ?

J James Tubbs 24:58  
Oh, the sugar cookies with -

D Dan Maggio 25:00  
Yeah, the peanut butter -

M Matt Mio, Ph.D. 25:01  
People call them peanut butter blossoms.

D Dan Maggio 25:03  
You make them at Christmas.

M Matt Mio, Ph.D. 25:04  
Yeah, that's the top thing across the country.

B Brian Maisonville 25:08  
Leftover Halloween candy would be the top one.

D Dave Chow 25:10  
Well, I guess so.

**D** Dan Maggio 25:11  
All right, so maybe this is a good time to ask who actually collected this data?

**M** Matt Mio, Ph.D. 25:15  
Again, this, this website called Coffeeness. I'm giving them credit

**D** Dave Chow 25:19  
I'm sure it's a PhD paper somewhere,

**M** Matt Mio, Ph.D. 25:21  
Almost the entire American South. And when I say South, I don't mean south, I mean the South, including Oklahoma, Texas, New Mexico, Arizona, Nevada, California, and everything over to the side has this very, very classic American dessert as their top Superbowl dessert.

**D** Dan Maggio 25:21  
Apple pie

**M** Matt Mio, Ph.D. 25:33  
It's not apple pie, that's a great guess.

**D** Dave Chow 25:40  
It'ss a pastry,

**M** Matt Mio, Ph.D. 25:41  
Think of a different fruit

**D** Dan Maggio 25:42  
Strawberry shortcake.

**M** Matt Mio, Ph.D. 25:43



Matt Mio, Ph.D. 25:43

It's strawberry shortcake. Yes, everybody's got that one.



James Tubbs 25:47

In February?



Matt Mio, Ph.D. 25:50

Hawaii, Alaska, I don't know. Maybe it's a northern thing, but not really. Hawaii, Washington, Oregon and Montana have this thing that I don't know, I don't think Super Bowl for this. We make it when we have some things go bad in the kitchen. And, yeah, that's their top Superbowl food.



Brian Maisonville 26:04

Banana Bread,



Matt Mio, Ph.D. 26:05

Banana Bread is what they make. So sure, you know.



Brian Maisonville 26:08

When you said "goes bad in the kitchen", it's always, you know, when the bananas go bad, you make banana bread.



Matt Mio, Ph.D. 26:15

Exactly.



James Tubbs 26:15

There is no accounting for taste.



Matt Mio, Ph.D. 26:18

Let's finish off this rather weird, you know, scenario here again. I don't know if this is real, but it's a, you know, put up into a giant infographic.



**D** Dave Chow 26:29  
Like I said, it's a PhD paper.

**M** Matt Mio, Ph.D. 26:31  
Very out of the ordinary of the states that have like one thing, and they're the only state that brings it up. It will not surprise a single Michigander to know that the state of Ohio has this confection that they're very well known for as their top Super Bowl dessert.

**D** Dan Maggio 26:48  
The Buckeye?

**M** Matt Mio, Ph.D. 26:49  
It's a Buckeye. Yeah. Describe for our listeners who may be all over the world, what a Buckeye is

**D** Dan Maggio 26:54  
Just a peanut butter ball with -

**J** James Tubbs 26:56  
It's a chocolate covered, peanut butter ball

**M** Matt Mio, Ph.D. 26:57  
Covered in chocolate,

**D** Dan Maggio 26:57  
Yes

**M** Matt Mio, Ph.D. 26:58  
Because it looks like the Buckeye nut that is the mascot of the Ohio State University. Yeah,

**J** James Tubbs 27:05  
—

I hey make your teeth itch, if you eat too many.

**M** Matt Mio, Ph.D. 27:07

I was gonna look at Jim, not because you're a complete representation of the American South, Jim; but I thought it was interesting. The only other one where it was one state with that thing was West Virginia. Any guesses off the top of your head?

**J** James Tubbs 27:18

I dont know, a piece of coal?

**M** Matt Mio, Ph.D. 27:21

District 12, yeah, exactly No. It says pineapple upside down cake for West Virginia. No, that's what it says.

**J** James Tubbs 27:26

Your kidding. Okay. Canned pineapple you can get at any time of the year.

**D** Dave Chow 27:31

I was gonna say

**B** Brian Maisonville 27:31

I would thing of that as Hawaii.

**M** Matt Mio, Ph.D. 27:34

Hawaii, again, is classic banana bread. I find it absolutely -

**J** James Tubbs 27:38

They don't ruin pineapple that way in Hawaii

**B** Brian Maisonville 27:42

but they have a lot of pineapple



J James Tubbs 27:43  
They do, but you eat it fresh.

M Matt Mio, Ph.D. 27:46  
I saw something the other day from quote, unquote, whatever you know, seed or seedling to maturity giving fruit, pineapple is a son of a gun. It's like eight years or something like that. It's a very long time to make a pineapple.

J James Tubbs 28:01  
That's why Dole had to foment a government takeover in the late 1800s

M Matt Mio, Ph.D. 28:06  
Right, exactly


J James Tubbs 28:07  
So his his pineapples, would you know, have plenty of time to ripen


M Matt Mio, Ph.D. 28:11  
There you go, We've traversed the entire United States, unfortunately, professors, the time has come to say goodbye. Dave


D Dave Chow 28:20  
See ya.


M Matt Mio, Ph.D. 28:20  
Jim


J James Tubbs 28:21  
Goodbye.


 Matt Mio, Ph.D. 28:21  
Dan,

 Dan Maggio 28:22  
I'm hungry.

 Matt Mio, Ph.D. 28:23  
And Brian,

 Brian Maisonville 28:23  
See you next time.

 Matt Mio, Ph.D. 28:24  
And how these words

 Announcer 28:25  
You can email, Ask The Professor at [ATP@udmercy.edu](mailto:ATP@udmercy.edu), or visit the Ask the Professor Facebook page.

 Matt Mio, Ph.D. 28:35  
Ask the Professor is produced and directed by Michael Jayson and Brian Maisonville, and our executive producer is Professor Jason Roche. Until next week, I'm your host, Matt Mio.