### IMPLEMENTATION OF SALIVA-CHECK MUTANS BACTERIAL IDENTIFICATION KIT AS EDUCATIONAL AID FOR PATIENTS DURING PRE-NATAL DENTAL VISITS

#### Research Component of:

Michigan Initiative for Maternal and Infant Oral Health

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## **Project Team**

- John Girdwood: Strategy and Planning for Sustainability
  - Emily Norrix: Importance of Perinatal Oral Health
- Lindsay Sailor: Integrating Oral Health Into Primary Care Clinics





### 6 Pilot Sites

#### East Region

- 1. Battle Creek
- 2. Bay City
- 3. Lansing

#### West Region

- 1. Muskegon
- 2. Benton Harbor
- 3. Upper Peninsula





### **Research Setting**

![](_page_4_Picture_1.jpeg)

• Dedicated space for the hygienist and patient

 Private room equipped for dental hygiene care in an OBGYN medical setting

![](_page_4_Picture_4.jpeg)

#### **Examples of Existing Patient Education and Material**

![](_page_5_Picture_1.jpeg)

![](_page_5_Picture_2.jpeg)

![](_page_5_Picture_3.jpeg)

Warning: Potential choking hazard. Toothbrush should fit snugly on finger Keep out of reach of children and infun when not in use. To be used by adults only. Wash thoroughly before first use and after each use

![](_page_5_Picture_5.jpeg)

![](_page_5_Picture_6.jpeg)

Fluoride

![](_page_5_Picture_7.jpeg)

### Visit: Sample Value Stream Map

![](_page_6_Figure_1.jpeg)

![](_page_7_Picture_0.jpeg)

## Research Project Calibration

![](_page_7_Picture_2.jpeg)

## Steps for successful implementation

![](_page_8_Figure_1.jpeg)

![](_page_8_Picture_2.jpeg)

![](_page_9_Picture_0.jpeg)

![](_page_9_Picture_1.jpeg)

![](_page_9_Picture_2.jpeg)

## Saliva-Check Mutans Test

#### After 15 minutes:

Positive Result
>500,000CFU/mL S. mutans

# Negative Result <500,000CFU/mL S. mutans

https://www.youtube.com/watch?v=TqaM2XI-qbE

3:20 - 5:03

![](_page_10_Picture_7.jpeg)

![](_page_10_Picture_8.jpeg)

![](_page_10_Picture_9.jpeg)

**DENTAL BIOFILM** Healthy (PLAQUE) teeth TOOTH WITH DENTAL BIOFILM HEALTHY TOOTH (PLAQUE) versus PLAOUE teeth INFLAMMATION with plaque

> Brushing, flossing & use of mouth rinse 2 times daily

Lack/infrequency of daily brushing, flossing and mouth rinse

![](_page_11_Picture_3.jpeg)

Please read and discuss this explanation on oral hygiene best practices with to the patient

Oral hygiene is the practice of keeping one's mouth clean and free of disease and other problems by regular brushing and cleaning between the teeth. It is important that oral hygiene be carried out on a regular basis to enable prevention of dental disease. The most common types of dental disease are tooth decay and gum diseases, including gingivitis, and periodontitis. Regular brushing consists of brushing twice a day after breakfast and before going to bed. Cleaning between the teeth is called interdental cleaning and is as important as tooth brushing. This is because a toothbrush cannot reach between the teeth and therefore, only cleans 50% of the surfaces. There are many tools to clean between the teeth, including floss and interdental brushes. It is up to each individual to choose which tool he or she prefers to use. Antibacterial mouth rinses can also be used to keep breath fresh and kill the bacteria in the mouth that causes oral diseases.

![](_page_12_Picture_2.jpeg)

![](_page_13_Picture_0.jpeg)

## BEFORE & AFTER disclosing solution/colored dye applied

- Plaque isn't always easy to detect as it usually blends in with the tooth
- By looking under a microscope or by using colored disclosing solution/dyes, plaque is quite noticeable!
- Plaque returns rapidly (within 8-12 hours), so frequent removal by brushing, flossing and mouth rinse is key!

![](_page_13_Picture_5.jpeg)

# How can cavity causing bacteria be transferred from a mother to her child?

![](_page_14_Picture_1.jpeg)

# SCM test results

![](_page_15_Picture_1.jpeg)

## Conclusion

- Your #1 Priority is ALWAYS the **PATIENT**!
- We focus on the both mother and child!
- This is a life course approach to reducing caries and improving oral health outcomes!

- Research is part of three-prong approach:
  - Care Delivery
    - Patient-Centered
  - Provision/Workflow Monitoring
    - Drop the right codes
    - Billing and reimbursement
  - Bacteria Research
    - Pre- and Post!

![](_page_16_Picture_12.jpeg)