



Mom-to-be Mimi, learns why her oral health is important to pregnancy

Mimi protects her unborn baby by...

1



Brushing twice per day and flossing her teeth before bedtime.

2



Visiting her dentist more often to get her teeth professionally cleaned.

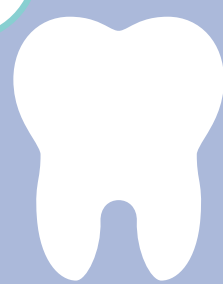
Expecting mothers should see their dentist once every two-months. This helps avoid infections in the mouth which can harm the baby.

3



Being cautious of all drugs during pregnancy.

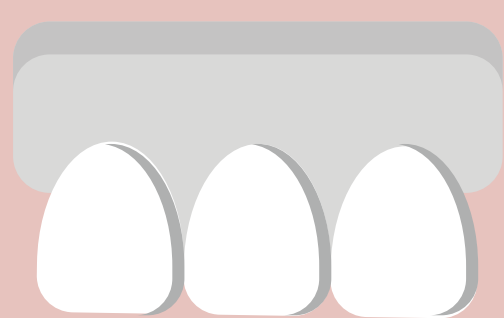
4



Avoiding Tetracycline.

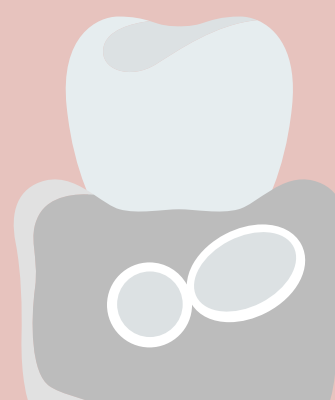
This antibiotic may stain your child's teeth.

Oral Conditions and Pregnancy



Pregnancy Gingivitis:

Swollen red gums and bleeding while brushing



Pregnancy Tumors:

Painless lesions developing in the gums that are not cancerous and will go away after giving birth



Premature Delivery:

Poor oral health during pregnancy may lead to premature delivery

Mom-to-be Mimi learned oral health is important to pregnancy

A healthy mouth for *Mimi*, a healthy start for baby

Only **42%** of women know it is safe to receive dental care during pregnancy

Mom-to-be Mimi learned how gum disease can be harmful to her baby

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Tooth decay

Premature birth

Sensitive gums

Gum Disease

Low birth weight

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The condition of Mimi's oral health can impact her child's risk for tooth decay.



If Mimi's gum disease goes untreated, it can affect her child's birth weight, even causing premature birth.



Mimi can unintentionally pass cavity-causing bacteria to her newborn, which increases her child's risk for tooth decay.



If Mimi has high levels of untreated tooth decay, her baby is 3x as likely to have tooth decay.

4 ways Mimi can give her newborn a healthy start

1



Make and keep regular dental appointments

2



Brush with fluoride toothpaste at least twice per day

3



Drink fluoridated tap water every day

4



Talk to a dentist about ways to prevent or manage dental problems